

WHATIS AYURVEDA?

Ayurveda, or traditional Indian medicine, balances the body and mind using natural therapies and herbs. Ayurveda aims at the preservation of the health and prevention of disease by establishing balance and harmony through personalized nutrition, herbs, and daily routines. The World Health Organization recognizes Ayurveda as complete health care system. The natural, pleasurable Ayurvedic approach to health and wellbeing offers a simple but powerful regime to stay in alignment with ourselves, and nature.

WHY US?

We provide authentic processes of cleansing and rejuvenating the body - Panchakarma therapy that includes various techniques based on specific health conditions using natural and organic ingredients, resulting in tremendous healing effects.

OUR SERVICES

- Disorders Management Packages
 - Musculo-Skeletal Disorders
 - Excess Weight
 - Neurological Disorders
 - Insomnia-Depression

- Destress Package
- Detox Package
- Post-Fracture Rehabilitation Package
- Pregnancy-Related Packages (Pre And Post-Natal)
- Sinusitis & E.N.T. Care Package
- Health Package for General Weakness
- Rejuvenation & Relaxation Packages

(Call Us at: 630 453 5656



AUTHENTIC KERALA AYURVEDIC PANCHAKARMA THERAPIES FREE OF SIDE EFFECTS TO ALLEVIATE

ARTHARITIS NECK PAIN COLITIS DIABETES INFERTILITY

SHOULDER PAIN FROZEN SHOULDER **SINUSITIS WEIGHT GAIN PSORIASIS**

BACK PAIN JOINT PAIN DEPRESSION VITILIGO ECZEMA

SLIP DISC **MIGRAINE INSOMNIA EYE DISEASES** MORE &

OUR SPECIALIZED AYURVEDS PACKAGES

Musculo-Skeletal Disorders Management Package Insomnia-Depression Treatments Sinusitis & ENT Care Package **Skin Care Treatment For Psoriasis And Eczema** Healing, Strengthening & Revitalizing Package For Neurological Disorders **Weight Control & Reduction Anti-Aging & Rejuvenation Package Destress & Detoxification Packages** Generally the treatments are done for 7, 14, 21 or 28 Sessions







